

Participant Tips

Create environmental + social **good with us.**



Ecochallenge.org's social change platform + curriculum connect a global community of advocates and changemakers, each doing what we can, in ways that are most relevant to us, to make this great spinning dot we call home a healthier, more equitable, more sustainable place.

This Ecochallenge is your opportunity to create more environmental + social good alongside thousands of fellow humans by connecting the dots between your values + the impact of your actions.

How to Ecochallenge

1 Create / Join a Team

Join your network's team or join our global Community Team to get started. Better yet, become a Team Captain or Organization Captain for a new team in your workplace, school, or community!

2 Choose Your Actions

Choose actions that you can commit to throughout the challenge. There are plenty of daily and one-time actions to choose from, so find the actions that match your capabilities, lifestyle, and passions. Feeling inspired? You can even create your own actions!

3 Prepare for Your Actions

Have actions that require some prep? Take the time you need to prepare for success with your actions. Committing to vegetarian meals? Look up recipes and ingredients you'll need! Finding alternate ways for transport? Explore the public transit options and bike pathways in your community!

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Get to know the Dashboard.

Become familiar with the layout of the Platform's Dashboard. Learn where the Actions, Check-Ins, Participant Feed, Team Activity, Impacts, and various other sections live on this page and across the site.

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Complete Your Actions

Fulfill your actions, and check them off to collect your points. Simply log into your Dashboard, find the actions you've selected, and click on the button next to 'Action Completed'. Now you've collected your points!

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Share Your Story

Inspire your team members and co-Ecochallengers! Share your Ecochallenge journey on our Participant Feed. Observations, inspirations, lessons learned, even photos! - all are welcome and encourages others to keep on!

ecochallenge
dot org

 Together we're connecting the dots.