Stop Food Waste Challenge

How to get started with the online Stop Food Waste Challenge

The online Stop Food Waste Challenge runs August 1 to 31, 2023. Sign up for the challenge at stopfoodwaste.ecochallenge.org, or if you have participated in past challenges, log in and join the 2023 Stop Food Waste Challenge. Here are steps to take after you sign up.

Create your profile

Post a profile picture, add a profile banner image, and create a mission statement. You get points for completing each of these actions!

Join or start a team

This could be with family and friends or people from your city, neighborhood, workplace, organization, community group, or school. Or join the community team and connect with participants throughout the metro area. See the information in the resources section for tips and tools for starting a team and promoting the challenge to others.

Browse the categories and actions

The challenge has more than 60 actions to choose from in five categories. As you browse the actions, reflect on what actions would be the most impactful for your household.

Not sure where to start? Choose the action "Track my wasted food" in the Planning category to track what food your household wastes and it should give you some ideas.

Commit to actions

Select up to five daily actions and five one-time actions to make progress on during the month-long challenge. One-time actions are investments or changes you commit to making long-term, while daily actions are choices you make more often – possibly every day, every few days, or every week – to build habits.

Log in regularly once the challenge starts

Once the challenge starts, log back in regularly to report what actions you take, see the impact of your actions add up, and connect with others in the feed. You'll also receive regular email updates with tips and resources. Mark one-time actions complete once you've finished that task. For daily actions, you'll mark them as complete on the days you take that action.

RAMSEY COUNTY

Hennepin

Washington County