



WATER RESOURCES

Slow the flow by taking on the water challenge!

1

[Calculate Your Water Footprint](#)

2

[Story of Stuff Video on Bottled Water](#)

3

[Global Drought Information System](#)

4

[USGS Water Usage Stats](#)

5

[EPA WaterSense](#)



Bonus: 25 Ways to Conserve Water in Your Home
[Eartheasy, Solutions for Sustainable Living](#)



WATER DISCUSSION QUESTIONS

Break Big Issues into Bite-Sized Pieces

HOLD DISCUSSIONS TO SUCCEED TOGETHER IN THE ECOCHALLENGE

Discussion questions can be a great way to engage and motivate your EcoChallenge teammates. Discussing your challenges and successes throughout the challenge can help your team bond, and can help you develop solutions to continue your EcoChallenge far beyond this two week challenge.

As facilitator, your role is to stimulate and moderate the discussion. You do not need to be an expert or the most knowledgeable person about the topic. The primary goal is for everyone to participate and to learn from themselves and each other. Draw out quiet participants by creating an opportunity for each person to contribute. Don't let one or two people dominate the discussion. Thank them for their opinions and then ask another person to share.

Be an active listener. You need to hear and understand what people say if you are to guide the discussion effectively. Model this for others. Invite participants to focus on personal reflections — values, feelings, and experiences. The discussion is not for judging others' responses. Consensus is not a goal. Celebrate the diversity of perspectives and life experiences!

FACILITATING A DISCUSSION

Below is a sample of discussion questions you can try with your family, friends, or coworkers, or reflect on during your EcoChallenge. These questions were developed as part of NWEI's Discussion Course. To learn more, visit nwei.org/discussion-course-books.

- 1** Why do you care about reducing your water usage?
- 2** Life of all kinds gathers around water. How has the availability of or lack of clean, fresh water impacted your life?
- 3** What do you know about your own watershed? How could you find out more?
- 4** What steps are you currently taking to reduce your water usage? What other water-reducing actions could you put into practice now and in the long-term?

